

# 2026 NGA Southern Regional Champ Men

## Rotation Schedule

May 3, 2026


### Sunday, May 3, 2026


**Session: 08B -- All NGA Men's Levels**


Open Warmup 2:45 PM  
March In 3:05 PM


Timed Warmup 3:15 PM  
Awards 5:45 PM


# Gymnasts: 43


 z  
SLGA LA [2N] - 1  
SLGA LA [3N] - 1  
SLGA LA [4N] - 2  
SLGA LA [7N] - 1  
SLGA LA [8N] - 2

 z  
Gym Etc LA [2N] - 2  
Gym Etc LA [3N] - 1  
Gym Etc LA [6N] - 1  
LAGC LA [2N] - 1  
LAGC LA [6N] - 2

 z  
Paradigm LA [3N] - 3  
Paradigm LA [7N] - 1  
Xcel LA [4N] - 3

 z  
ATG LA [1N] - 2  
ATG LA [4N] - 1  
AcroSports LA [3N] - 1  
AcroSports LA [5N] - 1  
AcroSports LA [7N] - 1  
AcroSports LA [8N] - 1

 s  
Panhandle FL [2N] - 2  
Riverbend LA [1N] - 3  
Riverbend LA [3N] - 3

 z  
Empire LA [1N] - 2  
Empire LA [3N] - 2  
Empire LA [4N] - 1  
Empire LA [5N] - 1  
Foothills NC [1N] - 1